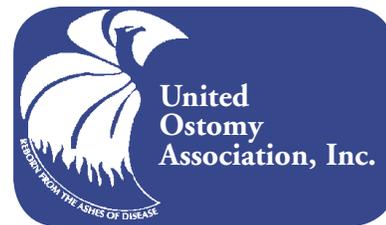


UOA TEEN NETWORK

UNITED OSTOMY ASSOCIATION, INC.

The UOA is a volunteer-based health organization dedicated to providing education, information, support, and advocacy for people who have had or will have intestinal or urinary diversions.



Page 1 of 2

An Internet-based support group for teenagers with bowel or bladder diversions.

MISSION STATEMENT

The UOA Teen Network is dedicated to providing education, information, support and advocacy as it addresses the concerns of those 11-17 who have or may have bladder or bowel diversions, IBD or similar medical challenges.

WE ARE HERE TO HELP

The United Ostomy Association has over 23,000 members and 400 support groups throughout the U.S. that offer assistance through a visitor program, mutual-aid meetings and much more.

The UOA holds national conferences and the Youth Rally, produces the *Ostomy Quarterly* magazine, www.uoa.org Web site, patient education guide books and raises funds to support programs to benefit members. For more information, call 800-826-0826, e-mail info@uoa.org or go to www.uoa.org.

TEEN NETWORK ONLINE

Check out www.uoa.org, then click on “Teens”

- Join the Teen Network
- Teen Discussion Board
- Survey
- Personal Stories
- Information on the Youth Rally
- Teen Mentor Program
- *Ostomy Quarterly* articles
- Assistance with Schoolwork: ED 504
- E-mail us

TEEN NETWORK SERVICES

- Teen Outlook on Life – Brittney Sherman’s very popular column in the *Ostomy Quarterly* magazine shares teens’ answers to common questions about dealing with medical challenges.

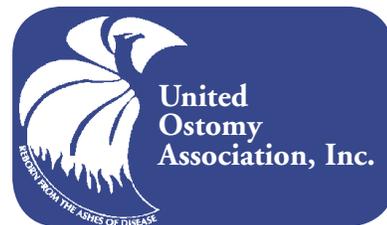


- Teen Network Online – Special articles, information and news for teens on www.uoa.org.
- Message board – A place where members and nonmembers can ask questions and keep in touch. The board is monitored daily to maintain UOA guidelines.
- Programs at the UOA National Conference – Special sessions planned for the UOA’s teen members.
- Mentor Program – Matches teens with members of the UOA Young Adult Network based on gender, diagnosis and common interests. Gives teens the chance to realize others are facing the same challenges they face.
- Seasonal Newsletters – Sent via e-mail or regular mail to provide network updates.
- Youth Rally Updates – Information about registration deadlines, location and schedule. Online applications are also available.

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A SPECIAL INVITATION

“Everyone needs support, especially when you have medical challenges. When I was so sick with IBD, I was lucky to have a widespread support system. However, when I attended my first Youth Rally, I realized that not everyone was as lucky as I was. When UOA President Ron Titlebaum approached my mother and me to chair a new teen network, we felt very honored to be able to create a support system that would reach teens outside of the Youth Rally.”

Cheryl Ebbinghaus

The UOA Teen Network has already touched and helped many teens. We even have some new international friends. With UOA in your corner, you can build lifelong friendships and never have to feel alone.

Please take this opportunity to check us out at www.uoa.org and look into meeting the other teens who are there to help.



We look forward to having you join us,
Cheryl and Jude Ebbinghaus
Brittney Sherman
Amy McElroy
Teen Network Co-chairs
tncochairs@uoa.org

TEEN NETWORK APPLICATION

Name _____

Title _____

Address _____

City _____

State _____ ZIP _____

Phone _____

E-mail _____

Date of Birth _____

To help us complete our records, please answer the following. Check all that apply.

- | | |
|--|--|
| <input type="checkbox"/> Ileostomy | <input type="checkbox"/> Continent Ileostomy |
| <input type="checkbox"/> Urostomy | <input type="checkbox"/> Continent Urostomy |
| <input type="checkbox"/> Colostomy | <input type="checkbox"/> Pull-Through |
| <input type="checkbox"/> Other Continent Procedure | |
| <input type="checkbox"/> Other _____ | |

Please send completed application with payment of \$25 to the address below. To use Visa, MasterCard or Discover, please call our toll-free number or go online to www.uoa.org.

The UOA Teen Network is one of several special interest groups within the UOA: Parents, Young Adult, 30-Plus, Continent Diversion and Gay and Lesbian Ostomates.



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